

World First Aid Day Celebration at Army Public School Jammu Cantt

On September 9, 2023, Army Public School Jammu Cantt commemorated World First Aid Day with enthusiasm and dedication. The event, organized by Ashoka House, centered around the theme "First Aid in the Digital World." The day's activities aimed to promote awareness about first aid practices in our increasingly digitalized society.

The day began with a special morning assembly led by Ashoka House. Ms. Sonia Thapa (TGT Hindi) delivered an insightful speech. Her address emphasized on the importance of staying updated with digital tools and resources to provide effective first aid assistance in today's world. The theme, "First Aid in the Digital World," highlighted the significance of adapting first aid techniques to the modern age, where digital technology plays a vital role in healthcare and emergencies.

To promote physical and mental well-being, Mr. Rashav conducted a rejuvenating yoga session. This activity encouraged students to develop endurance, concentration and maintain a healthy lifestyle.

In line with the theme, an inter-house Hindi poem recitation competition took place. Students from each house participated enthusiastically, showcasing their creativity and understanding of first aid in the digital age. The competition added an artistic dimension to the event and allowed students to express their thoughts on this vital topic. Mahavir House emerged victorious in the competition and Shaurya House was the runner up.

The celebration of World First Aid Day not only educated students about first aid in the digital world but also fostered a sense of community and responsibility among the participants. The event served as a reminder of the importance of staying prepared and informed in an ever-changing digital landscape. Kudos to Ashoka House and all involved for organizing such a meaningful and educational event.



